

I claim:

1. A method to suppress appetite in a mammalian body comprising the steps of:

stimulating the release of Ghrelin from stomach cells;

depleting Ghrelin stored in Gastric cells of the stomach;

blocking a portion of any Ghrelin activity in the brain of the mammalian.

2. The method as recited in claim 1, including;

blocking a portion of any Ghrelin activity in the bloodstream of the mammalian.

3. A method to suppress the Gastric volume of a mammalian stomach comprising the steps of:

reduce serum Ghrelin levels in the Gastric cells of said mammalian stomach.

4. The method as recited in claim 3, wherein said appetite suppression occurs preprandially.